

Moving in

We have moved up! Physio-Logic is now located on the third floor of 265 Yorkland Blvd. We would like to thank all our clients and family for their support, good wishes and patience during our move. The new space has provided us with increased treatment space, a private meeting/treatment room and most importantly a location for our newly purchased body weight support treadmill training system.

As this is our first winter season in our new space we ask that you all help us maintain our space by removing your outdoor shoes in the reception area. This will help us keep the carpet clean and allow patients to feel comfortable to walk without shoes and socks on during treatment sessions.



PHYSIO-LOGIC
NEUROLOGICAL REHABILITATION

Newsletter – Spring 2006

In the next while please keep your ears open for other news about the following projects that are currently in the works:

- A new collaborative exercise program for CHIRS clients at Variety Village
- Launch of our new website

Moving patients

With the recent acquisition of the body weight support treadmill we have developed appropriate admission criteria based on both our clinical experience and systematic review of the literature. Currently the treadmill is in use daily as an adjunct to our patient's physiotherapy program. Patients have commented about what a great work out they have received while on the treadmill. Physio-Logic staff have reported improvements ranging from increased exercise tolerance, increased cardiac and muscle endurance, improved walking pattern and increased strength with their patients who are participating in this training. We look forward to being able to continually challenge our patients in new and exciting ways.



DO YOU KNOW?

How to calculate your exercise heart rate?

How many pets Sarah has?

How many bones are in the human body?

The first person that is able to answer all the questions correctly will win a Physio-Logic T-shirt!

Moving forward

We have recently had the honor to be visited by Mary Lynch-El-lerington. Mary is a Senior Bobath instructor who travels extensively internationally lecturing and teaching "The Bobath Concept". We were very fortunate to be able to organize for Mary to join us for one week at Physio-Logic during which time she co-treated many patients. She shared her knowledge, problem solved and guided us all in developing our analytical and clinical skills-both very important adjuncts of professional practice. We would like to thank Mary for her extremely hard work and for sharing her expertise so willingly. We would also like to thank all our patients who participated and allowed other therapists to watch their treatment sessions.



Physio-Logic has a newly developed 'Seating Clinic' created with the guidance and direction of Sarah Cross with her expert knowledge in wheelchair and seating equipment. Sarah has developed a seating assessment form and clinic procedures for wheelchair/seating assessments. Sarah consults with any of the Physio-Logic staff who require assistance on wheelchair and seating issues.

Staff

As always the staff here at Physio-Logic have been busy both teaching and attending courses, lectures and other professional development programs. Below is a brief biography of each of the Physio-Logic staff with an update on their current professional and personal development activities.

Julie Vaughan-Graham

Julie is the principal of Physio-Logic. She maintains a clinical caseload in addition to her many administrative duties as clinic owner, as well as teaching post-graduate clinical courses in the Bobath concept. Julie has recently been accepted onto the 'MSc The Bobath Concept' at Leeds Metropolitan University, UK so 2006 proves to be another busy year!

Maureen MacMahon

Maureen, director of the Physio-Logic North York location, has worked in the field of neurorehabilitation since 1992 and has significant experience in the assessment and treatment of individuals who have sustained Acquired Brain Injury, Stroke and Spinal Cord Injury. Maureen has a strong sport background, as a member of the Canadian National Women's Rugby Team, and so brings an energetic treatment approach specifically to the young brain injured population wishing to return to sports.

Melanie Flitt

Is the director of Physio-Logic, Mississauga and works exclusively in the West End of Toronto, Mississauga, and Brampton regions, at the Mississauga location. She has extensive experience in the assessment and treatment of the neurologically impaired individual in the acute care, rehabilitation and community settings since 1988.

Daryl Tracy

Provides neurotherapy services at the Physio-Logic Yorkville location. Darryl is also a contemporary dance artist and one of Canada's most sought after teachers of movement and dance. Darryl has spearheaded many new projects for individuals with neurological injuries including an exercise video for individuals with Parkinson's Disease, and a Fitness Centre at TRI-Lyndhurst Centre.

Sarah Cross

Provides neurotherapy services at the Physio-Logic North York location. She has recently implemented a Seating Clinic at North York location, providing wheelchair and seating assessments, as well as collaborating with other Physio-Logic staff on seating interventions. Sarah also maintains active involvement at the University of Toronto currently participating in the Clinical Education Advisory Committee.

Henza Miller

Provides neurotherapy services at the Physio-Logic North York location. She has extensive experience in assessing and treating neurologically impaired clients in acute, rehabilitative and community settings. She has previously worked at Chedoke McMaster Hospitals in Hamilton where she was involved in patient assessments as well as research activities.

Ellen Cohen

Has recently returned from maternity leave and provides services at the North York location. Ellen has an administrative and clinical role at Physio-Logic, educating the staff on appropriate outcome measures as well as constantly updating the policies and procedures. She currently acts as the Centre coordinator for clinical education liaising with the University of Toronto regarding student placements at Physio-Logic.

Kathy Murphy

Joined the Physio-Logic North York staff in May 2005. Kathy has substantial experience working with the neurological population in various clinical settings including a year in Kuwait.

Valerie Alleyne-Julien

Is the administrative assistant to Julie Vaughan-Graham and coordinates all patient services at all three Physio-Logic locations. If you have any question about the operations at Physio-Logic Val will be happy to assist you.